



# NEED HELP?

**ATTENTION RESIDENTS! RESOURCES AVAILABLE!**

## RESOURCES

Catholic Charities  
Winona:

111 Market Street, Suite  
2  
Winona, MN 55987  
Phone: (507) 454-2270  
Fax: (507) 457-3027  
[info@ccsommn.org](mailto:info@ccsommn.org)

Counselors  
Annette Krutsch  
(Psychologist &  
Counseling Director)  
Phone: (507) 454-2270  
Call Mon – Fri 8:30 –  
5:00 to make an  
appointment.

Sister Mara Lester  
(Psychiatrist)  
Phone: (507) 454-2270  
Call Mon – Fri 8:30 –  
5:00 to make an  
appointment.

## Local Relief Resources



## GENERAL HELP

Visit:  
[needhelppayingbills.com](http://needhelppayingbills.com)

or scan the QR code below:



## CALL 211

Call 2-1-1 and they  
can direct you for  
what you need.

Food Shelf for Winona  
County:

St Charles Resource  
Center  
1244 Whitewater Ave  
St Charles, MN  
55972

Hours are 9 to 4:15  
Monday through  
Friday  
(507) 932-5203

Winona Department of  
Human Services  
Food Stamps,  
Medicaid Emergency  
Services

Address: 202 W 3rd St,  
Winona, MN 55987

Hours:  
Open 8am · Closes  
4:30PM  
Phone: (507) 457-6200

HOME SOURCE ONE